

# BERNAL JOURNAL

A COMMUNITY NEWSPAPER SERVING BERNAL HEIGHTS AND SAN FRANCISCO

February-March

Volume 17 No. 1

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Photo by Michael Powers

## A FUN PLACE TO “KEEP YOUR LEGS STRAIGHT”

by Maureen Hennessy

The Filipino-American Senior Citizens Center at 3208 Mission Street, is a place to get in out of the rain, a sometimes place for a 50-cent meal, and a place to buy a discount pass for MUNI buses.

It's also a place to go to speak your own language, whether it be Tagalog or Spanish and, when the neighborhoods have changed, it's a place to find an old friend or make a new one.

On Saturdays, with the Don Ho sounds of a volunteer band carrying up and down the street, the converted storefront Center is a place to dance—for fun, and “to keep your legs straight.”

“I tell them to get out, ride the bus and come down to the Center—so their legs will be straight,” says Mrs. Eliseo Medrano, vice-president and social director. “Two of our members

recently had strokes, and dancing is their therapy,” she says. “Another member recently celebrated his 85th birthday with food donated by his family and a dance at the Center.”

The biggest dance of the year includes a popularity contest to elect the local Mrs. Senior U.S.A. Always centered around a Hawaiian theme, this year's “**Hawaiian Holiday**” is scheduled for March 8 at St. Patrick's Church Hall. Prizes will be awarded to the “manangs,” or senior ladies with the most original Hawaiian dress or muu-muu—a long, colorful dress with a tail and three-quarter-length sleeves; and to the “manongs,” or senior men with the most original combination of colorful shirt and white pants.

The walls of the Center are decorated with photos of past dance contest winners, and Mrs. Medrano says she watches the television series “Fantasy Island” to get new costume ideas.

With 280 active members, the Filipino-American Senior Citizens Center is the smallest of 1,500 centers belonging to the Congress of California Seniors. Mr. Eliseo Medrano, Daly City accountant and realtor, has been president of the Center for the past two years. Last year he was elected to the executive board of the statewide organization.

The front windows, though, are another concern for Mrs. Medrano because they need curtains, which the Center can't afford to buy.

(cont. on page 9)

## ELSIE ST. HOT AGAIN

by Barbara Bagot

The year is 1977. The place is San Francisco City Hall, Room 282. Bernal Heights residents are arguing before the City Planning Commission that Elsie Street needs an overall plan—not piecemeal construction—before any building can take place. The Commission—over protests by speculating developers—agrees that the unsafe street conditions must be addressed as a whole, and authorizes the Elsie Street Study. One year later, the Elsie Street Plan is approved.

The year is 1980. The place is San Francisco City Hall, Room 282. But wait a minute—again we find Bernal Heights residents arguing the same case before the same Commission! Is this the Twilight Zone? No—it is simply the members of the City Planning Commission reneging on their previous resolutions supporting the safe and planned development of Elsie Street. To the Northwest Bernal Block Club and its supporters, this February 7 hearing was a sad reminder that “it ain't over till it's over” (Yogi Berra).

The neighbors were not without some Commission support. Commissioner Sue Bierman consistently reminded her colleagues of the apparently “forgotten” resolutions, but to no avail.

The hearing purportedly was to rule on a street improvement plan for the 100-block of Elsie Street—a narrow, hilly roadway which passes through a sparsely developed, almost rural neighborhood located on the northwest slope of Bernal Hill. Unfortunately, the Commission has left wide open a perilous situation that it had previously overruled: that Richard Alvarez—notorious in Bernal Heights for his careless, profiteering attempts at development—be permitted to construct three buildings before this already unsafe street is improved.

For more details, call 647-4255 (BHCF).

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# BERNAL JOURNAL

A COMMUNITY NEWSPAPER SERVING  
BERNAL HEIGHTS AND SAN FRANCISCO

The *Bernal Journal* is an open forum of the community sponsored by the Bernal Fund. It is dedicated to providing the people of Bernal Heights with neighborhood news, ideas, issues, and events. Articles with by-lines express the views of the individual and not necessarily those of the *Journal* or its editors.

The next meeting of the *Bernal Journal* is:

WEDNESDAY, MARCH 12  
77 Peralta Plaza

Deadlines for ads, classifieds, cartoons, photos, announcements, and articles is:

APRIL 4

All manuscripts must be typed, double-spaced. We reserve the right to edit all articles for clarity or space.

EDITORS: Barbara Bagot, Teri Jackson, Ann Kyle Nolan

COMMUNITY REPORTER: R.J. Dutra

TREASURER: Jerry Schwartz

ADVERTISING: Joe Marino, Lill Kruse

CONTRIBUTORS: Rex Coultas, Jeff Cook, Rich Yurman, Cabe Riseau, Shirley Fogarino, Jo Molloy



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## SUPE DU JOUR ENCORE!!!

Starting next issue, District 9's new supervisor—Nancy Walker—will answer questions from readers. Deadline for questions is March 28.



from  
the  
editors

Well Folk's, it's been fun. This issue marks the beginning of a new editorship for the *Bernal Journal*. Barbara Bagot and Teri Jackson have taken hold of the reins and galloped this issue right into print. It would be hard to find two finer editors or two people with a stronger commitment to Bernal Heights. The paper as you know is a work of love, or madness as the case may be, and involves a lot of people on the hill. Let me take this opportunity to give thanks to all the contributors who have kept the *Journal* a true forum: Pat Helton, Barbara Pitschel, R. J. Dutra, Editor emeritus Steve Chapple, Jerry Schwartz, Lill Kruse, Fred Strickland, Heidi Linsmeyer, Allen Nomura, Mike Powers, Florence Monzasch, Rich Yurman, the folks at Green Mountain Graphics, Howard Quinn Printers and all the distributors and ad gatherers especially Joe Marino. What a great Crew! Thanks for all the support!

A.K.N.

we  
got

# letters

Dear Editors,

I would like to alert the community to the dangers of Bernal Hill. I was recently in a collision that totalled two cars, injured one passenger, and might have been tragic. Had there been appropriate signs or bumps to slow cars down—particularly at blind turns—and a prohibition against parking cars on the road (which often makes driving on the hill an obstacle course) that accident would not have occurred.

Since then Judy Forsberg of Supervisor Walker's office has written the traffic commissioner and perhaps something will be done. If not, the situation, which involves our safety, may require our action.

Yours truly,  
Phyllis Shulman

Dear Editors,

Have read your article on Carl Sjolín (*December-January issue*). It is very interesting, but there's one thing wrong. The No. 9 car did not come up here—it was the old No. 24; after they took the car tracks up we got the No. 9 bus. I have been here since 1913 and I know! During the war in a blackout, I was sitting in the 24 car to go to a dance, but we could not go anywhere. The lights were out and we had to wait for the "all-clear."

In 1913 none of the streets were paved. We had six bakeries here—Cortland Avenue was nice.

Yours,  
Rose McBride

P.S.—I also went to Bernal Grammar. They tore it down and the W.P.A. built that library in the 40s.



The following letter was written by a woman who was violently attacked on Anderson Street near Cortland Ave. The attackers were young boys. They wanted her purse. She fought with them and they fled because of the fuss. They did not get her purse. She writes about her experiences afterwards in a most compelling way... compelling us, her neighbors, to take some action to make our community a safer place to live. If anyone has any ideas of what we can do, if anyone has had a similar experience and wants to join with others for support, please write to the *Bernal Journal* and we will try to coordinate the replies.

When it happened I had a glimpse of what a devastating experience rape must be.

Behind the two boys, running uphill to the safety that darkness and anonymity gave them, was a shocked, bewildered woman who, for the first time realized her own vulnerability and helplessness.

The most shocking thing of all was the youth of the attackers: between 9 and 11, no more than 13 for the eldest.

I was the woman attacked.

There was physical pain and strain afterwards. But most of all there was pain and changes going on inside. Something was lost forever: my self confidence when walking about the streets. I've become suspicious of everyone walking in front or behind me. Every few steps, I stop and look back. I dread groups of kids standing around. Before they were a refreshing sight, a reminder of the students I used to teach some time ago.

For a while I found myself thinking of the many ways I might have defended myself by hurting my attackers physically. And then I experienced guilt feelings.

Days and weeks have gone by. The community organizers I contacted seem unable to take any action, as I do not know the identity of my attackers. I've experienced bitterness, hope and discouragement. I've also felt the need to fight back. To do something to bring this issue to the attention of my Bernal Heights neighbors.

Over a year ago a woman was mugged when trying to get into her home. The circumstances surrounding her incident are scarier. To this day she lives in fear they will come back since they know exactly where she lives. I talked to her on the phone. I could sense and empathize with her feelings.

It seems a shame not to be able to walk freely at anytime if you have to go out or just want to take a walk and enjoy the fresh air. I don't want to put it down to the fact that we're women... or do these incidents have to do with that? I wonder.

It seems a shame to have a persons privacy and space invaded by senseless violence, which was probably "fun" for the attackers.

It's my hope that through reading these lines, people living in this neighborhood will concern themselves with what seems to be an increasing problem in this area. Maybe someday we can make the streets safer than at present. Maybe we might be ready to help if somebody is screaming out in the street. Maybe...

## He lives in our hearts

ARTURO DURAN  
JR.

El vive en  
nuestro corazon

Hi, neighbors! Ann Kyle Nolan and Steve Chapple sure are a hard act to follow, and we hope to contribute as much to the *BJ*'s growth as they have.

Hopefully, the Safeway strike will be settled by the time you read this, but—if not—remember there are several alternative food markets we can patronize while honoring the picket lines. Let's keep in mind that the Retail Clerks are on strike to keep from losing benefits they currently have.

Muchas gracias to the Bernal Recycling Center for their \$50 donation to the *Journal* cause.

Sure was sad to see Cortland Corners close. But hang in there, all you espresso fans! Ben Spicer has bought it, and plans to be catering to your caffeine yens before long. Welcome to the neighborhood, Ben!

Have you noticed our new look? Hope you like it...

Please send us your comments/suggestions.

# BHA TOWN HALL MEETING

by R.J. Dutra

Nearly a hundred residents gathered in St. Kevin's New Hall for the Bernal Heights Association's first 1980 TOWN HALL MEETING. The meeting launched residents into several projects for the new decade.

Pat Helton, BHA president, chaired, encouraged everyone to speak out, and kept the agenda moving at a rapid pace. Nancy Walker, new District Supervisor, came "just to listen." There was plenty to listen to:

## MUNI FAIR HIKES

"I think the buses should be free like the sidewalks," said Mike Harney about the proposed bus fare increases. Buck Bagot called the fare hikes "a rich man's solution to the budget deficit."

By an overwhelming vote, the audience told the BHA to go on record against fare increases or service cutbacks. Bernal residents followed up their vote with actions. They attended the Public Hearings and many Bernalians were at the Civic Center rally against fare hikes. They will also be testifying before the Board of Supervisors.

## THE J-LINE CONNECTION

In April, 1980, the Muni had planned to re-route the No. 10 Monterey to go left at Cortland and Mission, then onto Glen Park, Sloat Blvd. and the Zoo. To go to Golden Gate Park, passengers will have to transfer at Glen Park to the new No. 44 bus line.

This route change would have cut out the transfer points at 30th and Mission, and 30th and Church. Hundreds of Bernal residents regularly use these transfer points. They stated their opposition to the route change loudly and clearly.

Susan Chelone, a Muni Transit Planner, told the audience of two alternative routes which would maintain the two transfer points, but get the No. 10 off the narrow Whitney and Chenery streets in Glen Park. Muni has since informed the BHA they will maintain the No. 10's 30th street transfer points. For more information call Muni Planning at 558-5284, or the BHCF.

## HOME REPAIR LOANS

Neighbors in attendance resolved to ask the supervisors to designate Bernal Heights to receive its share of low-interest home im-

provement loans, health and safety repairs, and home ownership assistance programs—with the stipulation that these programs do not displace low-income homeowners and tenants.

## WELCOME WAGON

Maureen Lamb urged the BHA to produce a brochure for new residents that would include information on local bus routes, businesses, and community services. Jim Bougart urged the BHA to promote more block parties and social events "to bring people together."

## YOUTH OUTREACH

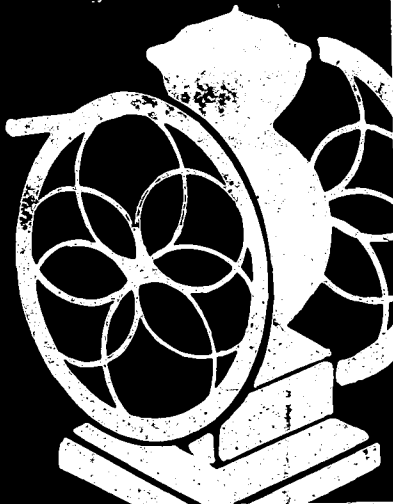
Having a place for Bernal's youth "to hang out" and helping them find things to do were also suggested. Kate Esposito asked adults to understand problems associated with young people today, to go up and introduce themselves, and offer to cooperate in organizing youth activities.

Everyone is welcome at the next TOWN HALL MEETING on February 21. Come on over to participate and meet some fine folks!

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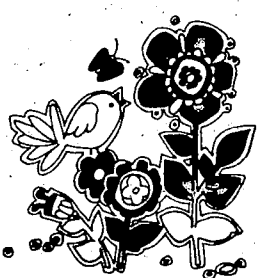


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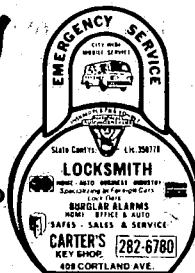


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CALL FOR  
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by Paul Rosenstiel and Ann Kyle

"I don't think that people felt they were getting their money's worth from district elections," says District 9's new Supervisor, Nancy Walker.

In an interview two weeks after taking office, Walker told the *Bernal Journal* that San Franciscans were expressing a "righteous expectation" for something better when they dumped four incumbents in the December run-off election. Walker, a long-time advocate of the district election system, now plans to be the supervisor that the diverse population of District 9 wants.

She's the first to admit to the isolation of City Hall. "Having been here two weeks, I can see that it's real hard to get out from under the paper." Evidence abounded in her office—hefty stacks of business cards, piles of papers, files and books.

#### Dolson Refuses To Help

To make matters worse, she entered office "cold turkey." Her predecessor Lee Dolson refused to meet with her to provide a smooth transition. "The place was cleaned out. Files of constituent complaints gone..." So she is frantically trying to catch up on things and meet the great challenges of the job.

Walker promised a lot during her campaign and District 9 has high expectations. She is aggressively seeking more funds and services for the district at the same time as she is working to represent the district's views on city-wide issues such as taxation, rent control and health services.

#### Influence Not Interference

But what can a supervisor really do? Walker rejects the notion that supervisors have little real power to make things happen—for example, to get the Department of Public Works to clean the street better. "I don't think it's a question of authority as much as it's a question of desire," she says. "We can't interfere in the administration of a department, but taking an interest and advocating for a constituent is not necessarily interference. What I'm looking for is a way to work with city departments to redistribute services throughout the city."

#### District Office & Advisory Council

Walker plans to do two things no district supervisor has yet attempted: maintain an office in the district, and form a District Advisory Council.

The district office at Monterey used to be Walker's campaign headquarters. Judy Forsberg runs the place. Her salary and rent for the office come temporarily from campaign funds. Other private funds are now being sought, and eventually Walker wants to see the city pay for district offices. She says, "One of the things we have to demonstrate is that it is sound policy and not costly, considering the net return for the people."

Constituent calls are all going there and Judy is doing all the constituent work. At City Hall, Walker and her two aides try to stay on top of things on a city-wide basis vis-a-vis those constituent complaints. She plans to be in the district office every Wednesday and hopefully Saturdays also.

The District Advisory Council is growing out of Walker's campaign committee, but others are joining and newcomers are welcome. As she envisions the council, it will be "representative not just of neighborhood associations and block clubs, but of merchants, churches and people interested in issues." She hopes to have representatives from each of the district's 86 precincts, helping her to find out what people are thinking on issues and giving her an avenue to communicate back to people what the city government is doing.

# Nancy Walker In City Hall & District 9

Walker believes that the distrust many people have of government and politicians can be eliminated if the District Advisory Council becomes a true vehicle for two-way communication. "If we can present information to people so that they understand why government makes the decisions that it makes, I think they'll respond," she explains. "They may be angry, they may not like it, but I think they'll understand it and they'll say 'Okay, we understand, now what can we do to help?'"

#### How Can We Help?

That's the response Walker hopes to hear. She believes making city government more responsive, at the same time that budget cuts are looming, will require citizens' involvement. "The greatest resource we have in this town is the people," she says. "We have an incredible wealth of talent—of people who have ideas about how things could be done better." She wants to see people involved in activities such as neighborhood clean-ups, participation in block clubs or serving on her District Advisory Council.

In cutting the budget, Walker believes we must look to see where the city might abdicate certain responsibilities to, for example, neighborhood organizations. "Maybe we can do a better job of building housing not by putting money into the Redevelopment Agency but by using neighborhood and community development corporations," she suggests.

Nancy Walker won the voters' approval by pledging to be a conscientious advocate of their varied interests. If any *Bernal Journal* reader has suggestions, ideas, complaints or a desire to help out, Nancy Walker wants to hear about them. Call her district office at 333-2700.

#### Grounds In The Hot Coffee Of Life

But after two weeks in office, during which, she says, "I've ceased to be a private person," she wants to remind people that sometimes she has to be just Nancy Walker, person, not Nancy Walker, Supervisor. "Somehow there's got to be an agreement that once in a while I put a sign on my back that says 'I'm not here,' so that I can go into Cafe Commons and just have a cup of coffee!"

*Barry S. Willdorf* Attorney at Law

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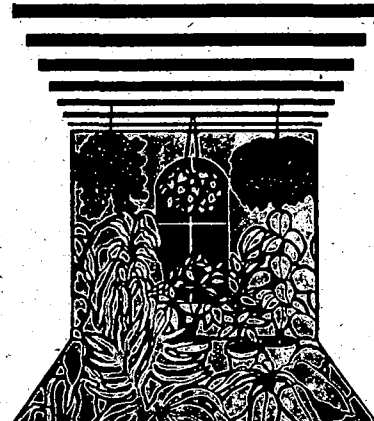
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# YOUTH SPEAK OUT

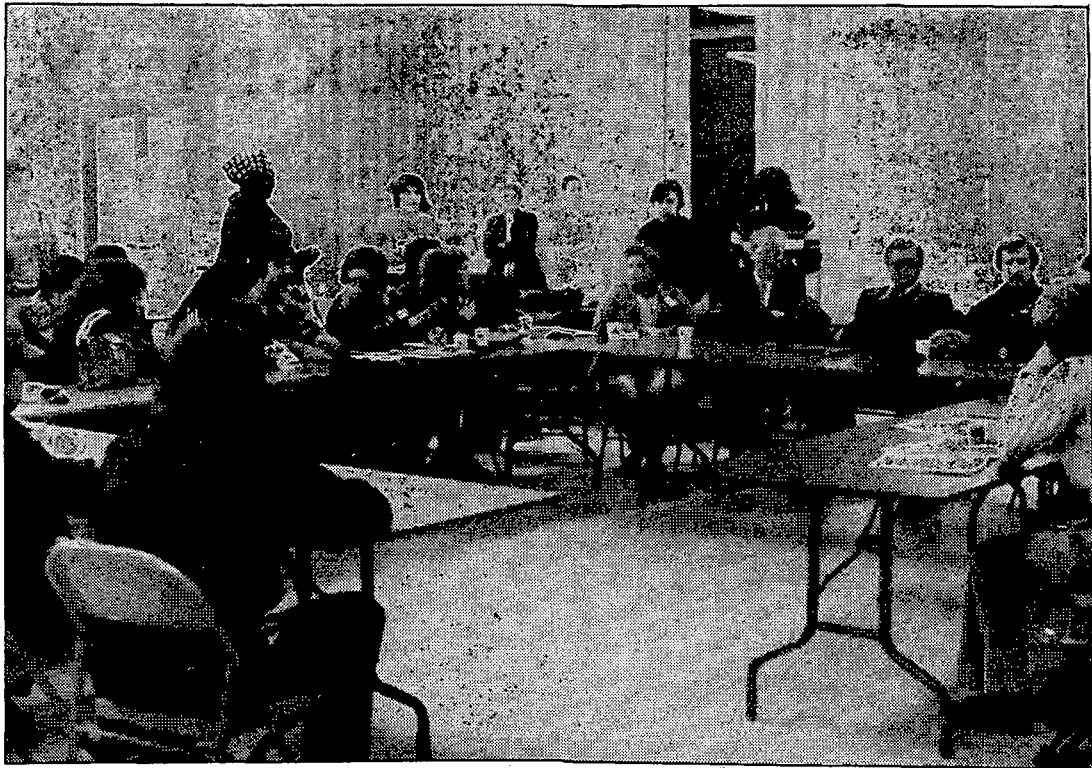


Photo by Shirley Fogarino

## CORTLAND AVENUE CLASH

Sixty Bernal Heights residents crowded into St. Kevin's New Hall on December 20 to voice their views on alleged police harassment of neighborhood youth. The Community Board mediated as law enforcement and youth representatives gave their sides of the story.

Mitchell Salazar, youth spokesperson, asked that the harassment stop and that the Bernal Heights Library yard—a common youth meeting place—remain open past the current 10 p.m. He said that it's disturbing to have residents, merchants, and police against them, and that the youth want respect from Bernal Heights police. He added that much of the Cortland Avenue vandalism was caused by "visitors" from other neighborhoods.

Officer Ralph Fleig explained why police must do their jobs. "A lot of old people are afraid of kids. They report what goes on. And it is against the law to block a sidewalk. We don't like to see drinking or dope. That's when vandalism happens."

An irate parent spoke next. "My family helped build this Church," she said. "I'm disgusted with people saying that the youth do everything wrong. It's humiliating. If you can't approach a child as another human being instead of someone who's worthless, you'll get no respect."

The Community Board staff skillfully steered the hot discussion towards a solution all could live with, and by the end of the meeting things were looking up. Several neighbors agreed to arrange a meeting between Park & Recreation representatives, Supervisor Nancy Walker's office, and community residents about keeping the library yard open later. The Community Board Staff arranged for another hearing between the youth, police, and local merchants and residents. Kate Esposito, representing the Bernal Heights Community Foundation, had good news for the future. "We're asking for your help until we get facilities. We're in the process of building a Community Center up here. These young people have formed a youth committee (see *Journal*/Nov. 1979), and are planning a mural for Cortland Avenue. The people who call the police station aren't really concerned with our kids. We can solve most of our own problems."

One resident seemed to sum up the evening's sentiments for all concerned. "It's not that we don't want the police in our neighborhood. It's just that we want to establish some sort of respect and cooperation."

# What's Happening 5

Something Happening For Youth

by Lloyd Wilson Jr.

Every Monday night from 8pm until 10 at the Jamestown Community Center, 180 Fair Oaks Avenue (near 23rd & Guerrero), youth from all over the city get together to communicate their feelings and thoughts about certain issues and problems affecting them as young people. The format for group discussion is in the activities of a few games designed to stimulate creative thinking. The goal is to develop a meaningful involvement of youth themselves in planning and carrying out the design of a "model" Youth Service System in San Francisco. Anyone interested is welcome to come and check it out. For more information call Raymond Mason at 647-4255 or Lloyd Wilson Jr. at 648-3247.

## UPDATE

by Kate Esposito

On Thursday, January 31, Captain Cassidy and Lieutenant Fleig from the Ingleside station met with four youth and youth spokeswoman Myrtle Walker at the follow-up hearing. After a lengthy discussion of problems on both sides, the police and youth came to an agreement.

The police officials will tell the officers who patrol the neighborhood to change their approach: they should introduce themselves to the youth, explain why they are there, and ask for their cooperation, while treating them with respect as individuals in the community. The youth, in turn, will try to know the police better, cooperate more, and show respect to the officers. The youth understand that the police have the right to correct wrongdoings: drinking in the park, breaking up disturbances, etc.; but the police also see that they should not discriminate against any individual or ethnic group while performing their duties.

All in all, this meeting also resulted in better understanding on both sides. Hopefully, problems on Cortland Avenue will diminish as a result of the dialogue that has started in the Community Boards hearings.

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## BHCF NOTES



by Buck Bagot

Bernal Heights Community Foundation

**Community Center cooking along . . .** The BHCF received final approval (final final?) from the Department of Housing and Urban Development for the acquisition and rehab of the Community Center buildings at 513-517 Cortland Ave. . . . The BHCF Board of Directors has voted Head Start in as a tenant in the new Center, and St. Kevin's Hot Lunch Program is currently being considered . . . Preliminary drawings for the CC building interior are on display now at the Temporary Center at 399 Cortland Ave. . . . The Community Center Committee has suggested that it be composed of 15 members—five residents, five Board members, and five representatives from tenant service providers. Participation is Hill-wide; over half the members are minority residents . . . Special thanks to Precita Center staff and Board for their help with the new center. They have a representative on the CC Committee, and the CC Committee will be reciprocating by sending a rep to the Precita Center meetings . . . Plenty of decisions coming up in the next few months. For more info call Co-chairs Jeanne Hamer or Myrtle Walker, or Kate Lambert, at the BHCF.

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**New Two?** The BHCF may be hiring two new VISTA volunteers. One will replace Bob Dutra, who has left to work on the Prop J Open Space Acquisition and Park Renovation Program. Bob will remain on the Board of Directors, and continue to serve the Hill well as he has for a long while now.

\*\*\*

**Housing is rousing**—Planning continues for building affordable housing on the lots purchased by the BHCF on Holladay Ave. . . Coleridge St. Residents have begun working with the BHCF and the Northwest Bernal Block Club on the use of the Bowling Alley site between Coleridge and Mission Sts. For more info, call Bill Hull at 282-8683, or Buck Bagot at the BHCF.

\*\*\*

**A TIP** of the hat to the BHCF tenant information project (TIP) which informs Bernal residents of their rights and obligations as tenants and answers questions regarding the City's Rent Stabilization Ordinance, unjust evictions, improper maintenance, invalid rent increases or harassment . . . How about joining a Bernal Heights Watchdog Committee that would monitor and take action on housing issues and legislation? Call Leslie Sanford at the BHCF, for info on Watchdog and TIP.

\*\*\*

**Don't stash that trash**—The BHCF will participate in a benefit garage sale for non-profit community groups to be held by radio station KYA on April 12th and 13th, at Fort Mason. Bring all the stuff you've never quite used but can't bear to throw away to the BHCF office at 399 Cortland Ave. Money raised will pay for BHCF projects.

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**I Ain't Got No Home In This World Anymore, Part 2, or—A real Bear of a landlord**—As was mentioned in the last edition of BHCF NOTES, we had to move because we couldn't afford the \$200 rent increase. Donna Roberts of Brown Bear Realty, owner of the building, had been very firm about evicting us—seems she had a new tenant all ready to move in. Damned if the new tenant wasn't Donna herself and Brown Bear Realty, which just moved downstairs into 307 Cortland Ave. Funny thing . . . I know not all realtors are untrustworthy, but . . .

\*\*\*

**I Ain't Got No Home In This World Anymore, Part 3, or—There's no place like home at 399**—The Temporary Community Center, and Brothers & Sisters United, and the BHCF, have moved to greener pastures at 399 Cortland Ave. Drop in for a visit . . . A certain sweet irony in that 399 is the old home of Michael Sargent Realty, a realtor with whom numerous Bernal residents have locked horns over speculation hassles . . . I know not all realtors are untrustworthy, but . . .

Call the BHCF at 647-4255, or 282-JUDY . . .

\*\*\*Para una traduccion en espanol, por favor llame BHCF/Bennie Degeer o Lesley Sanford a 647-4255 o 282-5839\*\*\*

## A BLOCK PARTY

by Jim & Irene Bourgart

This is the story of our Bernal Heights block party. It's not meant as "social news" but to share our experience of what it's like to help organize and be part of such a community event, perhaps inspiring others to create a similar event.

For two and a half years we lived on Aztec Street, a one-block, dead-end street near Precita Park. Though we had come to know a few of our neighbors, we realized that there were a lot more we didn't know. There were many familiar faces we'd often seen walk or drive by but there had never been occasion to stop and talk.

Despite the fact that we were curious about our neighbors, the usual inertia and obstacles kept us from meeting them. What would we say? Aren't we or they too busy? What would be the excuse? Wouldn't we be intruding? In short, we used all of the feeble excuses that keep people apart in modern urban life.

The needed initiative came when new next-door neighbors, Bobbi Paley and Bruce Bartlow, moved in and asked, "Why not have a block party?" They wanted to get to know the neighborhood quickly and pleasantly. We joined forces with them and proceeded to organize what turned out to be the first Aztec Street block party that **anyone** could remember ever occurring (including a gentleman who has lived there for 66 years!).

We distributed leaflets announcing the time, place, and location, and listing a phone number for people to call if they wanted to help out with the food, etc. Several did call, including a charming lady who, it turned out, lived across the street.

The date of the party finally arrived. We were very curious about who would show up and what they would be like. They were, of course (this being Bernal Heights), an extremely diverse and delightful group of people. The tremendous variety of cultures, occupations, interests, and lifestyles present are what makes Bernal the most interesting neighborhood in the City. Food contributed by the party-goers was terrific and abundant. Conversation ran the gamut, including the inevitable swapping of stories on the pains and pleasures of remodeling our respective houses. Some common neighborhood issues emerged, such as concern about development on the adjacent street cutting down our views. Mostly, though, it was a social occasion for everyone, becoming acquainted with those who share a common environment, but had been strangers.

The party continued long into the evening. It finally broke up with favorable remarks from everyone and promises that it would happen again next year.

As much fun as the event was, the greatest award has come later. When we encounter a neighbor now, instead of passing by in silence, we stop for a chat. This spirit of friendliness grows, helping us to enjoy our neighborhood and create a greater commitment to improve the "quality of life."

Our experience with a block party has been so positive that we would encourage you to try it. It can be both enjoyable and constructive. And remember that, in these times of high prices and gasoline shortages, it is the one social event that you don't have to drive to.

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GALLERY

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or by appointment: 648-1096 or 282-1645

THE NANNY GOAT GALLERY is presently looking for more members. The Gallery is located at 3205 Folsom St., near Army. For more information call Roy Lizama at 285-8089 in the evening and weekends.

Not So Clean  
SWEEP....

Mechanical street sweepers are to start operation in Bernal Heights and Glen Park in December, 1980. The proposal will go to the Board of Supervisors in late April. The Department of Public Works claims that consideration is being given for those streets with very little parking. DPW, backed by Mayor Feinstein, claims that the only alternative to mechanical street sweepers is no street cleaning at all. The hand-sweeping positions now held by CETA workers will be eliminated this year. For more information on your street call 558-3371.

## St. Kevin's

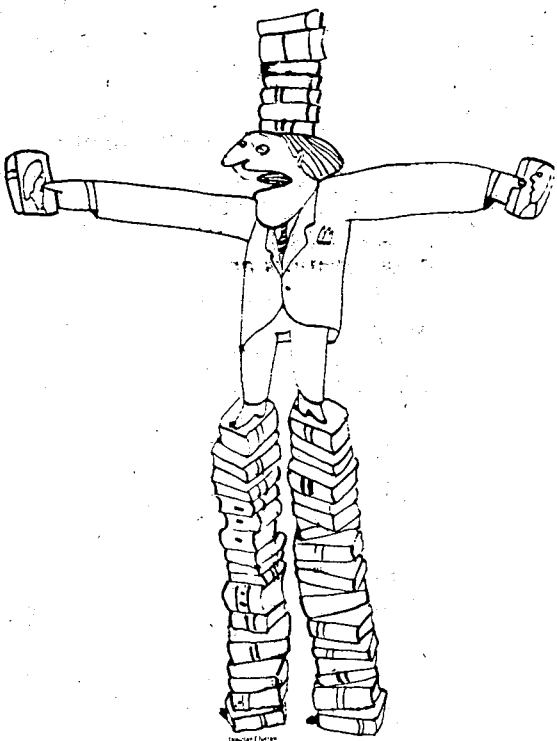
St. Kevin's Handicapped Program celebrated Valentine's Day at their "Salute to Handicapped Artisans" get-together early in February. After a scrumptious buffet dinner, Father Pat Lewis, group coordinator, introduced Marilyn Davis and Buzz Wharton to speak about their work, which was on display.

Both artists are adept in oils and acrylics, and Marilyn's talents extend into other media such as pottery and macrame.

The afternoon was topped off with some hot ragtime piano performed by Ricky McNulty.

Anyone interested in working with the Program, call Father Pat Lewis at 668-1000.

## Library News



The mural project (for the south wall of the Library) is proceeding very slowly. Nobody came to the first meeting to choose muralists to be interviewed, but three people at the second meeting reviewed the applications and narrowed them down to three strong applicants. A representative group from the community must be involved! For more info call Ruth at the Library.

Preschool children's films (ages 3-5) are shown Wednesdays at 7 p.m. On Tuesday, March 11, preschool films will also be shown at 10:15, 11:00, and 2:00; the 4 p.m. showing on that day will be for children 6 years and older. 500 Cortland.

Bernal Heights Library  
500 Cortland Avenue  
San Francisco, CA 94110  
285-1744

Monday, Thursday, Friday 1-6:00 Questions answered.  
Tuesday 10-12:00, 1-6:00 Suggestions given.  
Wednesday 1-9:00 Advice offered.

## BHA THOUGHTS

Why Arturo?

from Pat Helton

Why is there violence? Why do people kill? What can we do?

Arturo Duran. A young man. Killed. For nothing . . . A neighborhood. Bernal Heights. What can we do?

Mourn the tragedy, yes.

Protect our other children?

How?

I have a few ideas on the subject and I would like to share them with you. And I invite you, also, to share your ideas by writing them down and sending them to the *Bernal Journal*. Or, if you wish, come to the next Bernal Heights Association Town Meeting, and share your ideas there.

Violence is learned. Non-violence is learned. Non-violence means to me being firm with words, not weapons. And action, too—action that gets the point across that you want justice, but you don't want to hurt the other person.

Non-violence means accepting frustration for the moment—when it's necessary—but still trying to change the situation with thoughtful strength based on understanding of the problem.

High school students are young people. There is very little training in non-violent action given to most of the students. Television usually teaches the opposite when it comes to solving a problem. And sometimes the parents themselves teach violence to get one's way.

So, how can we, who are older, help them to not hurt each other? This is a serious problem because the level of violence among young people is rising.

I am suggesting that some young people need to be taught non-violence. And, who is to teach them? As a neighborhood, I believe we can help. First of all, we can participate and support the Community Board Program in Bernal Heights (285-4688), which has done so much in so short a time to teach us to talk about our problems, to find a middle ground, and to stick to our agreement. But there is even more we can do.

The young people in our community are asking for our support. They want to paint a mural to commemorate Arturo. They want a graffiti board to write and draw what they want without defacing the library. They want a place to be, where they can have a good time without bothering anyone.

Fortunately, some adults are already trying to help, and Raymond Mason, a Vista Volunteer working with the Bernal Heights Community Foundation, is trying to coordinate the efforts. If you want to help, call him at the BHCF.

But, how can we, as a whole neighborhood, help? Perhaps by dedicating one part of ourselves, very small, or very large, to helping each other . . . in whatever form we can think of. And perhaps the Bernal Heights Association, with the neighborhood's help, can coordinate the efforts. If we can help each other, then perhaps these efforts will generate good vibrations, which will spread over the neighborhood touching our youngsters as well as ourselves.

But how can we help each other? What are your ideas?

One idea is to share our surpluses with others . . . surplus clothes, vegetables from our garden, skills. When I first heard of the idea, I thought it was very idealistic and unworkable; but then I was told that during depression times it was done, with neighborhood tokens used in a type of barter system. (I didn't hear of the idea in relation to Bernal Heights but a small town outside of San Francisco.) Have you had any experience with such an idea? Let's hear from you.

Another idea I had was for us, as a neighborhood, to push for getting counselors into the schools who could teach the kids how to settle arguments with words. Usually, from what I have heard, when a kid gets into trouble, he/she is suspended for a few days, or longer. This, to me, doesn't teach the person how to be right.

Well, I hope you will join the Bernal Heights Association and help work out some of these ideas, or others. We need your time, energy, and/or money. Send in your \$2 or more, and come to our meetings which are the third Thursday of every month, at 7:30 p.m. at St. Kevin's Church. If you are already a member, check the mailing label of your *Bernal Journal*. Your dues may be due!

## BHA MEMBERSHIP

### Yes I Want To Join

BHA MEMBERSHIP

I pledge to try to better my neighborhood in any way I can. Here's my \$2.

☐ \$ or ☐ Work/Barter Pledge in place of money.

Name

Address

Phone

Special Interest?

Send to:

Jerry Schwartz  
77 Peralta Avenue  
SF, CA 94110

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Bernal Heights Association  
sponsors

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Muni Fare Increase and Route Info

Community Center

Bernal Heights Youth

City Budget Cuts

Other Issues of Local Importance

The Time is Now—Be There!  
Refreshments

Thursday, March 20. 7:30 p.m.  
St. Kevin's New Hall (on Anderson)

Call 647-4255 for more information  
or if you need a ride.

# 8 Precita News

## Precita Center Activities

*Teen Chorus* conducted by Steve Trippe. Wednesdays come together and sing your favorite songs. Learn to read as well as arrange choral music. *Free.*

*Dance Exercise* taught by Martha Goman. Mondays 7:30 to 9:30. Martha's basic movement and dance-exercise musical workshop is now beginning its spring program. (fee) Opens 2/25.

*Seniors Escort/Homemaker Program* Monday thru Friday (free); 8:00 to 4:00 p.m. Services in cleaning, light cooking, shopping, escort to appointments.

**CARNAVAL!** Parade and festival celebrations April 13.

Precita Center is now offering three workshops (free) for people interested in joining COMPARSA groups in:

*Carnaval Dancing* with Adela Chu. Sundays 4 to 6 p.m. Learn the basic styles of Caribbean and Brazilian dancing;

*Comparsa/Percussion Band* conducted by Marcus Gordon. Sunday 2-4 p.m. Bring your percussion instrument to this Afro-Brazilian band workshop;

*Children's Comparsa* taught by Vola and Verena Tuesdays 3:30. Children 8 years and up will learn the arts of mask-making, costume making, dancing and make-up, etc.

For more information call 285-7833 or 285-6066.

## Spring Cleaning?

Precita Center has ready-to-work youth ages 10 to 14 who will do the job right!

If you have a garage full of garbage, or a lawn that is too long, simply a fence that needs painting... call the Precita Center and talk to Ricardo at 285-7833. If you have an odd job, we have an even youth.

*mt bernal... dark nocturne*

*shrouded mysterious misty  
within swirling fog your  
dark beauty calls tempts  
lover mistress flirt*

*your gauze draped slopes  
your damp breath draw me  
closer your moist beauty  
pulls me to your green breast*

*i lie pressed to your damp  
bosom smiling content  
till jealous sun arrives  
eviction notice in hand*

*fred strickland  
1/28/80*



Photo by Jon Katz

**STOP THE FARE HIKE!** On January 29th, a Bernal Heights delegation took the bus to City Hall. There they joined hundreds rallying against the proposed Muni increase. Fare hikes impose a heavy burden on seniors and the poor. More people drive downtown, wasting energy and increasing pollution. The fight for low cost, high quality public transit continues. For more information contact Kate Esposito at the Bernal Heights Community Foundation, 647-4255, or Jon Katz of the Bernal Safe Energy Group, 285-2433.

**I**, Jerry Schwartz, wish to pay homage to my dearly departed father, Joseph M. Schwartz, of Miami, Florida. I am sorry that God found it necessary to take him beyond, but if that is His wish, then I'll comply.

He was such a nice man and I loved him; he will be missed.

I salute his passing... May he rest in peace.

Jerry Schwartz  
San Francisco  
January 14, 1980

## BOB DUTRA'S bad news BAD NEWS

Someone is taking potshots on Prospect... The Good Samaritan Church, Assembly of God, on Cortland Ave. was destroyed by fire on Christmas Eve... Police raided a weapons and drugs cache on Ellsworth... **But that's not all:** Rising rent shut down Precita's "Ribletad Vorden," leaving the Cafe's regulars homeless; Rising prices and a New Year's burglary shut down the Cortland Corners—no more homemade chocolate cake... And a storm toppled over one of the grand old Acacia trees in Precita Park... The Elsie Street controversy is heating up again, and the bulldozers have started on the Mullen-Holliday lots... **WHEW!... HAPPY 1980?**

## HOW TO BIRTH AN IDEA

by Rex Israel

*When you give birth to a new idea, remember where you put it. Put a tag on it. Tie it with a ribbon. Even stick it up on a wall with a big hat pin, if necessary.*

*Then after a little while, when you need to find it again, you will remember where you put it and be able to find it more easily. And perhaps one day you will be surprised to find what a nice big idea it has become!*



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# In Sheep's Clothing

by Lesley Sandford

Residents of Bernal Heights, beware! The State's powerful real estate lobbies have devised yet another scheme to reap huge profits at our expense. On the June 1980 ballot you will have the opportunity to cast your vote on an initiative entitled, "Fair Rent Control Standards" sponsored by "Californians For Fair Rents." Don't be fooled by these deceiving titles. The proponents of this measure, the California Association of Realtors, the California Apartment Association and the California Mortgage Banker Association, to name just a few, would like you to believe that they have the best interest of the tenant population in their hearts. In fact, in their signature gathering drive, the initiative's sponsors misleadingly presented the measure as rent control and obtained many signatures from tenants who were told that the initiative would curb escalating housing costs.

What the measure would do is eliminate all existing rent stabilization ordinances in California, including the one enacted by the Board of Supervisors in San Francisco, and put strict limitations on the future make-up of any ordinances voted on by the public. The measure limits the power of local city governments to create innovative housing programs to effectively deal with the unique housing problems of each city. Future ordinances would be permitted only a four year life span and would have to meet such restrictive guidelines that they would essentially be rendered meaningless.

This is going to be a difficult measure to defeat because its backers have already pledged roughly six to ten million dollars to see it through. **Passage of the Fair Rent Control Standards initiative hurts us, all—not just the tenant population.** Skyrocketing rents would force many individuals out of their homes, especially those on fixed incomes. Housing speculators, who are purchasing increasingly larger numbers of homes in Bernal Heights, have no sensitivity to the strong social networks and neighborhood bonds that have developed on the "hill." Those who could not pay the high rents demanded would be forced out and the unique social, racial and ethnic mix that characterizes Bernal Heights would be destroyed.

The initiative, if passed, would set a dangerous precedent. It would set the stage for special interest groups—with the combined use of vast sums of dollars, slick public relations firms and outright fraud—to buy a piece of the State Constitution.

## Journal Joke

Did you hear the one about the housing speculator who got stuck on an escalator for four hours? When they asked him why he didn't walk down, he said "I was on my way up!"

## Legs Straight! <sup>9</sup>

(cont. from page 1)

In the same manner that she managed a Christmas dinner for 100 persons at a total cost of only \$50, Mrs. Medrano is putting together a sewing circle to curtain the front windows. "We are very proud of the people who help us," she says. "Without their help we couldn't do anything."

A recent form of assistance came from the proceeds of a dance sponsored by the Filipino Club at the University of San Francisco. "From that dance we got \$85," Mrs. Medrano said. "Now we can pay our phone bill."

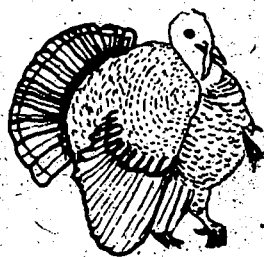
"When we have food again it will be better," Mrs. Medrano says. "I tell the seniors to come here rather than go to gambling places where you win once and lose 100 times. We are a simple club, but we have fun."

The Center's activities, ranging from daily Bingo games and weekly blood pressure tests to hospital visits, legal aid assistance and relocation help to inexpensive senior housing such as the newly-established Dimasalang House, also include an ongoing battle with the Department of Health to be able to serve the 50-cent meal.

"None of our food is cooked at the Center," Mrs. Medrano says, "but the Department of Health shut down our food-serving operation in November because they found a little pool of water in the basement that resulted from the building's owner turning off a water pump. When we get our permit back, I'm going to post the biggest sign you ever saw in the front window."

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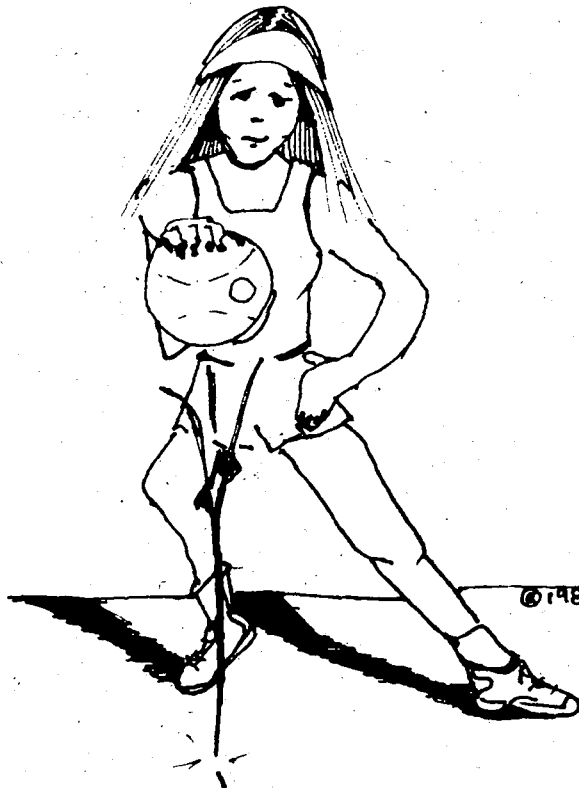
# HITTING THE BOARDS WITH THE PIONEERS

by Michael Kazin

For a change, there were enough people in the Civic Auditorium to muffle the echoes that usually bounce off the gold-on-gold decor. The San Francisco Pioneers of the Women's Professional Basketball League (WBL for short) were fighting the New York Stars—the best team in the league—for every point in front of 2525 screaming, cheering, chortling fans.

With eight seconds to go in the fourth quarter and the home team behind by two points, Stars guard Janice Thomas made an in-bounds pass to teammate Pearl Moore. As Moore reached for the ball, a streaking figure with a black pony-tail appeared on her side, and stole it away. Five seconds later, Pat Mayo—the Pioneers surest “thief”—was tying the score with an easy lay-up. In the overtime period, San Francisco won by three points when leading scorer Anita Ortega made two foul shots in the final moments. Half an hour later, Ortega, Mayo, and the other hometown heroines were still signing autographs for knots of kids who couldn't have been more excited if O.J. Simpson and Bruce Lee were wielding the pencils.

Unfortunately, the Pioneers have some years of struggle ahead before they rival the Warriors, Giants, or even the 49ers in the hearts of local sports fans. In their first year, they have been on top of their conference of the WBL for most of the season and are one of the few teams in the league to have both radio and television coverage (KKIS-AM for all games and Channel 26 for home contests only). However, the New York game was the only one to draw more than 2000 spectators. Over their shoulders, the Pioneers have seen the Philadelphia and Washington franchises fold in the middle of the season, and know that Dallas would have collapsed if the 11 other team owners hadn't rushed in some emergency loans.



Luckily, the women who burn the boards at the Civic are willing to see their sport through its growing pains. The action on the court makes the NBA seem almost laid-back in comparison. There are few good outside shooters; so almost every play involves a number of crisp exchanges and furious body english under the basket. When a pass goes awry, players are not ashamed to scramble on the floor for the ball. For a team where the top salary, about \$18,000, would barely cover the tune-up on Dr. J's Rolls, the members of the Pioneers play with enthusiasm while their finesse is developing.

The starting five:

**PAT MAYO**, forward. A defensive star while at Montclair State (in New Jersey), Mayo is a smart shooter and the coolest player on the team. When other Pioneers start taking more extra steps than a beginning disco student, Mayo usually takes charge and re-adjusts the rhythm. She played in this year's WBL all-star game.

**DEBBIE RICKETTS**, guard. Though the smallest member of the team at 5-4, Ricketts can play longer than anyone else due to superb conditioning. Like other WBLers, she spent a season competing in Europe after college.

**ANITA ORTEGA**, guard. The Pioneers' top scorer and a demon rebounder, Ortega was an All-American at UCLA. She starred for the Puerto Rican National Team in the Pan-American Games last summer.

**MUISETTE MCKINNEY**, forward. A tough passer and clutch shooter, McKinney rivals the injured Cardie Hicks as the most enthusiastic player on the Pioneers.

**KIM HANSEN**, center. At a “gargantuan” 6-1, Hansen quietly dominates the defensive boards. She also boasts the best field-goal percentage on the team.

The Pioneers are owned by heavies like investment counselor Marshall Geller, slick pol Willie Brown, and actors Mike Connors and Alan Alda. When they play well, they're capable of beating any group of women in the world at their sport. Give their ferocious funkiness a chance to win you over.

#### Remaining PIONEERS Home Games

SAT	FEB. 23	8 p.m.	California Dreams
SUN	FEB. 24	7 p.m.	Minnesota Fillies
SUN	MAR. 2	2 p.m.	Houston Angels
MON	MAR. 3	8 p.m.	New Orleans Pride

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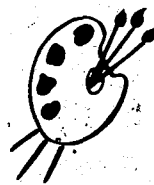
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# classified ads

RENTAL WANTED—\$125.00 or less per bedroom; two three, or more bedrooms needed. Bernal residents. One F. Paramedic/student; one M. Truck driver/supervisor; and (maybe) one F. Artist/community Foodstore worker. We are good friends who work hard; interests: politics, environment, health, city, plants, music, toys, etc. Hominess, quietness musts. Ages 20-30. Will share, or request info (small reward). If we love it (it has a yard) we'll fix it up. Call Sheila/Sandy 648-4451.

STUDIO FOR RENT or Lease: 225 to 500 sq. ft. at 30 cents/sq. ft. Natural light/No H<sub>2</sub>O/No live in. Call 648-5996.

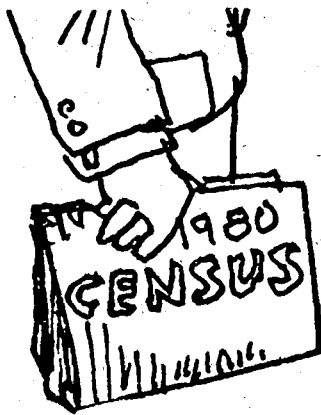
Store front room for rent \$100/mo. Call 282-2049 (no live-in).

Flat or house sought in Bernal  
Call Ester 285-4716

South American weavings, sweaters, molas, jewelry, children's dresses & shirts. Call 824-0441

EXTRA! EXTRA!

Need an EXTRA-curricular activity? How about distributing the *Bernal Journal* on your block? Please call 647-4255 if you can help.



COUNT YOUR CHICKENS—1980 Census—The U.S. Census Bureau is testing for temporary positions, office and field. Salary \$3.75-5.10/hr. For more info call 495-7738 or stop by 965 Mission St. 3rd floor.

To my little Maverick  
Get Well Soon!

11

GET PERSONAL... Put an ad in the *Journal*!

HAPPY LEAP DAY, GOOBIE!

HAPPY LEAP DAY, GOOBIE!

HAPPY LEAP DAY, GOOBIE!

Happy Birthday, Teri!

LIVING/WORK SPACE AVAILABLE FOR POTENTIAL-CHILDCARE PROVIDERS—4-unit building located across the street from the Women's Building on 18th Street will be sold as co-ops to persons interested in providing childcare and in owning 25% of the co-operative housing unit. Interested parties should be able to make a down payment of approx. \$14,000 each. A lease/option or other financing could be arranged. Units have been totally refurbished and brought up to city code specification. Suited for family day care licensing with large, shared ground level space for rotating children's activities. Contact Betty at 826-7049 for further information.

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# 12 ANNOUNCEMENTS ANNOUNCEMENTS

Bernal Heights GAYS and LESBIANS got together for a pot-luck brunch at Wild Side West on February 10th. Plans for future gatherings are in the works. Anyone interested please contact Art Grossman at 285-8950.

Bernal Heights Community Foundation Board of Directors meets once a month on the second Monday. Next meetings are March 10 and April 14 at the Temporary Community Center, 399 Cortland Ave. at 7:30 p.m.

Northwest Bernal Block Club meetings take place on the Monday of every month at 7:30 at 150 Elsie St. Next meetings are March 3 and April 7.

**DISABLED FOR DISABLED ACTION**—Call Glen Hards at 648-1726 for info.

**GARAGE SALE** to benefit the Bernal Heights Community Foundation on April 12th & 13th, sponsored by KYA radio, at Fort Mason. Stuff to sell is needed. Bring all your "white elephants" to the Temporary Community Center at 399 Cortland.

San Francisco CITY CHARTER District Hearing for District 9 on Thursday, Feb. 28, 7:30 p.m. at Schlage Lock Co., 350 O'Shaughnessy Street. City-wide hearings will take place at the State Building, 350 McAllister, Room 1194 on Saturday, March 1 at 10 a.m.; Tuesday, March 4, 7:30 p.m. (personnel issues only); and Thursday, March 6 at 7:30 p.m.

**SPCA NEWS**—February is the month for households on fixed income to take their animals to the SPCA for shots. Each shot costs \$2.00 and you are allowed two (2) animals per household. Call the SPCA at 621-1750 for more information.

**CHILDRENS FILM FESTIVAL**—Feb. 23 & 24—to commemorate the S.F. School Volunteers' 15th anniversary at the Palace of Fine Arts. There will be two different shows: 10 a.m. for 4-8 yr. olds and 1 p.m. for 8 yrs. & up. Entertainment will be provided between shows. \$2.50 for everyone.

The New School for Democratic Management, a non-profit business school training people in small businesses, community organizations, co-ops, and social service agencies, presents a special one-day workshop:

**PREPARING A BUSINESS PLAN OR LOAN PACKAGE**—Friday, February 29, 9 a.m.-5 p.m. Instructor: Jerry Dodson, President, Continental Savings & Loan, SF. Tuition is \$30, which includes materials and refreshments.

Also, coming in March, two 3-day workshops (tuition \$75 each):

**THE ECONOMY IN EVERYDAY LANGUAGE**—March 28, 29, 30; 8:30 a.m.-12:30 p.m.

**COMMUNITY ECONOMIC DEVELOPMENT I: HOUSING STRATEGIES**—March 28, 29, 30; 1:30-5:30 p.m.

For more information write or call: The New School for Democratic Management, 589 Howard Street, San Francisco, CA 94105. (415) 543-7973.

**INFANT SWIM, TRAMPOLINE, ETC.** The University of California, SF offers a unique swimming program for infants (4 mos. & up) and also for tots and children; trampoline for ages 6 & up; gymnastics for ages 1-16. Ballet and creative dramatics are also available. Call 666-1800 for a free descriptive brochure.

**ATTORNEY AT LAW**  
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**CONSULTATIONS AT HOME**  
**IN BERNAL HEIGHTS**

**PH 821-3218 or**  
**826-2776**

Are your utility bills too high? Is your home or apartment cold? If you are low-income, you may be eligible for assistance under the EOC (Economic Opportunity Council) Emergency Energy Crisis Assistance Program. Call 285-8915.

**FEBRUARY IS BLACK HISTORY MONTH.** The African-American Historical Society (864-1010) is sponsoring an afternoon of children's films by Carol Lawrence on Feb. 24 at 3 p.m. at the Fireman's Fund Building.

**CELEBRATE CHINESE NEW YEAR** on February 16, 4678—The 6th annual Chinese Spring Festival celebrating the New Year will be held Feb. 23 & 24, 11 a.m.-9 p.m. at the Chinese Culture Center, 750 Kearny St. This year's two-day celebration of the Year of the Monkey will open with the Lion Dance across the bridge from Portsmouth Square Park to the Center about noon. This community fair has lots of activities for children including Chinese games, folk & ethnic dances, crafts and food including a demonstration of noodle stretching.

**NEW ARTS ORGANIZATION**—Roy Lizama, Director of the Nanny Goat Hill Gallery, is interested in forming a Bernal Heights Art Organization, to gather weekends or weeknights for figure drawing, still lifes, landscapes, and more. All artists—photographers, sculptors, print-makers, etc.—are invited to participate. The first meeting will take place at the Bernal Branch Library on Wednesday, February 27, 7 to 9 p.m. Please come and bring friends.

**HELP IN MANAGING STRESS**—Do you get tense while driving? Does it seem that there is no time to do what you want to do? To help deal with stressful situations and reduce the harmful effects of stress, Stress Management classes are given at Health Center No. 3, 1525 Silver Avenue. The classes are 1-1/2 hours, Wednesdays (starting March 5) at 6:30 p.m. To register for this 8-week class, call 468-3664. (Fee—\$4 for 8 weeks).

**MUSIC**—Community Music Center, 544 Capp St., 647-6015, continues to offer a variety of classes and lessons for children including a course for the developmentally disabled (ages 8-18). Fees are based on income.

**CLOTHING EXCHANGE**—Back by popular demand! Our fifth Children's Clothing Exchange is to be held at Noe Valley Ministry, 1021 Sanchez St. on April 12 from 10 a.m. to 2 p.m. Parents can bring clean, mended children's clothing, toys and equipment and receive a coupon for each item. Coupons can then be exchanged for items brought in by other people. Items can also be purchased for a modest sum. Coupons from previous exchanges will be honored.

**BUT**—we can't have the clothing exchange if we don't get people to work—18 of you in fact. There will be four shifts, including set-up and clean-up. We will provide free childcare for children 4 and under while you work at the clothing exchange. So call and volunteer today! 821-7058.

**THE WIC PROGRAM** is a program fairly new to the city. An eligible woman or child receives approximately \$25 worth of vouchers a month at no cost. The vouchers can be used at a supermarket for food, including milk, juice, eggs, cereal, and iron-fortified infant formula. Participants for this program must be receiving on-going medical care and be determined to be at nutritional risk, in addition to the standard requirements to receive supplemental food.

You can either be on the supplemental food program or the WIC program, but not both. For additional information, contact CHIRP at 558-5818, your local public health center, or the Single Parent Resource Center at 821-7058.

**DRAMA AND DANCE**—SF Rec & Park Dept. offers a variety of classes including ballet, puppetry; folk, tap, modern & jazz dance. Call 558-3601 for info.



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**garbage**  
**littering**  
**your**  
**street?**



**Call Community Boards.**

Community Board Panels can help you settle this and other neighborhood problems: Noise. Fighting. Vandalism. Truancy. Theft. Tenant/Landlord Disputes. And many more. If you live in Bernal Heights, the Excelsior, Portola or Visitacion Valley, phone or visit your neighborhood Community Board office to refer a case or for more information.

**Bernal Heights/Excelsior**  
**907 Cortland Ave.**  
**(Se habla Español)**

**285-4688**

**Visitacion Valley/Portola**  
**161 Leland Ave.**

**239-6100**